



UNIVERSITY OF
LEICESTER

A close-up photograph of a woman's face, heavily adorned with multi-colored glitter makeup in shades of purple, blue, green, and yellow. Her eyes are closed, and she has a serene expression. The background is dark, making the vibrant colors of the makeup stand out.

MONDAY 4 – SUNDAY 10 MARCH
**INTERNATIONAL
WOMEN'S
DAY 2019**
EVENTS GUIDE

Full list of events: www.le.ac.uk/iwd



International Women's Day

#BalanceforBetter

WHAT'S ON

Monday 4 March

Leicester Wall of Women	4
Women in the Archive	5
Launch of IWD	6
Menopause Roadshows	6
International Women's Showcase	7

Tuesday 5 March

Female Founders History Walk	8
Yoga	8
Meet & Eat	9

Wednesday 6 March

Launch into Gender and Justice	10
Dorothy Jones Lecture	10
Soapbox Science	11
Dr Patricia Lewis	11
<i>She Started It</i>	12
Leics Talk About... Defying the Odds	12

Thursday 7 March

Know Your Numbers	13
'People Like Me' STEM Taster Day	13
Women Leading with Purpose (WLP)	14
In Conversation with Karen Cox	14
Zumba	15
Global Café: IWD	15
SISTERHOOD	15

Friday 8 March

Prison Reform Now and Then	16
Women, Brexit and The Law	16
Equality in STEM	17
Celebrating Leicester's Inspirational Women	17

IWD events at Attenborough Arts	18 & 19
---------------------------------	---------

DEAR STUDENTS AND COLLEAGUES



We are once again delighted to be hosting a range of celebratory and thought-provoking events throughout the week of International Women's Day (IWD) at the University of Leicester.

IWD is a global day celebrating the social, economic, cultural and political achievements of women. The day also marks a call to action to advancing gender equality in every dimension of human life.

As part of the University of Leicester's commitment to equality, diversity and inclusion (EDI), the University marks IWD every year with a series of events for staff, students and the wider community. These events are a time for unity, celebration, reflection, advocacy, self-care and action. IWD means different things to different people, but the global focus on equality and celebration is clear.

The theme of this year's IWD is #BalanceforBetter. This theme recognises that gender diversity and equality will drive a better world and we must continue to strive for this, not only on IWD but every day. At the University of Leicester we are encouraging all staff and students to make a difference, thinking globally and acting locally in ensuring that the future for all is inclusive, safe and rewarding.

Professor Henrietta O'Connor
Head of the College of Social Sciences,
Arts and Humanities

INTERNATIONAL WOMEN'S DAY 2019

As a feminist academic who works on Literature, I draw insight and inspiration from women writers. Virginia Woolf taught me that "the eyes of others [are] our prisons; their thoughts our cages". Margaret Atwood showed me that "powerlessness and silence go together". Audre Lorde helped me to understand that "I am not free while any woman is unfree, even when her shackles are very different from my own". A commitment to women's self-determination, female self-expression and global sisterhood is central to my personal and professional life. It shapes my teaching and research, as well as my wider work in the University.

I was honoured to be named the Discovering Excellence Equalities Champion (2018) for projects I led last year. I launched an Inspiring Women campaign to recognise and make visible colleagues' achievements, to challenge gender stereotypes that associate academic brilliance and leadership with men, and to offer students empowering female role models. I also sought to develop equality, diversity and inclusion in the curriculum, an initiative that stressed the importance of thinking about gender alongside, and in relation to, other facets of identity. These projects were undertaken in collaboration with staff and students across the University who continue to support, sustain, enlighten and inspire me with their passion and determination to end inequality.

Pleasingly, the observance of International Women's Day on campus has grown significantly during my twenty years working at the University. The event offers an important opportunity both to celebrate our progress and, in the context of ongoing struggles, to remind ourselves how much more is still to be done.

Emma Parker, School of Arts
Equalities Champion,
Discovering Excellence Awards 2018



ALL WEEK

LEICESTER WALL OF WOMEN

Times: Monday to Thursday, 10.00am-4.00pm, Friday 9.00am-12.00pm

Venue: Percy Gee Building

As inspired by Nottingham Trent University, a wall is being created at the University of Leicester to mark its inspirational women on International Women's Day. Staff and students are encouraged to nominate women at the University who have influenced or inspired them.

For further information, contact Turi King at tek2@le.ac.uk

MONDAY 4 MARCH

WOMEN IN THE ARCHIVE: FREE CREATIVE WRITING SESSION^[B]

Time: 10.00am-12.00pm

Venue: Basement of the David Wilson Library

Come and explore some historical sources shedding light on moments, and images, of women's lives from the past. We'll use these resources to inspire your own creative writing, through guided writing exercises, to celebrate International Women's Day 2019. This workshop will be led by Selina Lock, writer and Research Librarian, and Vicky Holmes, University Archivist. Participants will be able to browse material from the University's Special Collections (www.le.ac.uk/specialcollections), which will include photographs, engravings, rare books and periodicals and modern literary papers.

To book your FREE place, visit our Eventbrite page:
<https://iwd2019creativewriting.eventbrite.co.uk>
For further information, contact the Special Collections team
at specialcollections@le.ac.uk or telephone 0116 252 2056

[B] Advanced booking required



LAUNCH OF IWD

Time: 12.00pm-4.00pm
Venue: Centenary Square

The International Women's Day launch will be a showcase of female talent. We will celebrate the successes of women through music, poetry, dance and theatre.

For further information, contact Molly Knight at mak50@le.ac.uk

MENOPAUSE ROADSHOWS ^[B]

Time: 12.00pm-1.00pm
Venue: Charles Wilson Building, Second Floor, Belvoir Park Annexe
(also on Thursday and Friday)

We were the first UK University to launch our pioneering Menopause Policy in November 2017. Since then we have continually striven to end the taboo surrounding menopause. Please attend an hour long Menopause Roadshow which will give you the opportunity to ask any questions about the policy and discuss menopause and its effects openly. The Roadshows will also ensure that everyone understands the possible effects of menopause and how the policy can support staff in the workplace.

To book your FREE place, contact the Staff Health and Wellbeing team at staffhwb@le.ac.uk

[B] Advanced booking required



INTERNATIONAL WOMEN'S SHOWCASE ^[S]

Time: 7.30pm-10.00pm
Venue: O2 Academy

To kick off the celebrations for International Women's Day, the Students' Union are bringing back the amazing Women's Showcase. This event is a celebration of self-identifying women, and a true exhibition of the excellence of the women at our University. Do not miss this amazing night of music, dance, poetry and more, including the chance to win amazing prizes from our raffle! All proceeds go to the Women's Aid charity.

For further information, contact Oge Obioha at oo143@le.ac.uk

[S] Students only



TUESDAY 5 MARCH

FEMALE FOUNDERS HISTORY WALK ^[B]

Time: 1.00pm-2.30pm

**Venue: Meet in the Library Foyer
(also on Thursday)**

The University of Leicester owes its existence to the generosity of local people who gave their time, money, and energy to support the establishment of a higher education college in Leicester as a memorial to the First World War. This lunchtime guided history walk will tell the story of some of the prominent women who played leading roles in our foundation. Along the way we will pass houses and other landmarks associated with key figures including philanthropist Annie Clephan and scientist and schoolmistress Mary Florence Rich.

To book your FREE place, visit our Eventbrite page:

<https://female-founders.eventbrite.co.uk>

For further information, contact the Special Collections team at specialcollections@le.ac.uk or telephone 0116 252 2056

YOGA ^[W]

Time: 1.30pm-2.30pm

Venue: Charles Wilson Building, Sports Hall

Come and unwind during your lunchtime with a Yoga class. Open to staff and students, Yoga is an ancient form of exercise that focuses on strength, flexibility and breathing to boost physical and mental wellbeing. The main components of yoga are postures (a series of movements designed to increase strength and flexibility) and breathing. Please bring your own mat, if you have one.

#ThisGirlCan

For further information, contact the Equality, Diversity and Inclusion team at equalities@le.ac.uk

[B] Advanced booking required

[W] For any individual who identifies as a woman



MEET & EAT ^[S] ^[W]

Time: 5.30pm-7.00pm

Venue: Charles Wilson Building, First Floor, Graduate Kitchen

Take a moment to look after yourself at our women's only meal. This event is designed for women of all backgrounds to build a sense of community in a welcoming and social environment.

To book your FREE place, complete the online form at www.le.ac.uk/iwd

For further information, contact Molly Knight at mak50@le.ac.uk

[S] Students only

[W] For any individual who identifies as a woman

WEDNESDAY 6 MARCH

LAUNCH INTO GENDER AND JUSTICE^[O]

Time: 9.30am-3.00pm
Venue: Across campus

This is an interactive event hosted by the School of Media, Communication and Sociology exploring young people's knowledge and experiences of gender inequality and its challenges. The event is supported by the Unit for Diversity, Inclusion and Community Engagement (DICE) at the University of Leicester. We will engage with young people's own understandings, experiences and ideas about addressing gender inequalities. The Widening Participation team will recruit approximately 100 Year 12 students (both male and female) for the event. They will lead workshops, be involved in our instant surveys and produce a Manifesto for Change.

To book your FREE place, complete the online form at <https://myleicester.le.ac.uk/form/wptasterdays18>
For further information, contact the Widening Participation team at schools@le.ac.uk

DOROTHY JONES LECTURE: 'EVERY BREATH YOU TAKE – REGULATING IMMUNITY IN THE LUNG'

Time: 12.00pm-1.00pm
Venue: Frank and Katherine May Lecture Theatre, Henry Wellcome

Speaker: Professor Clare Lloyd, Professor of Respiratory Immunology, Wellcome Trust Senior Fellow in Biomedical Sciences, Imperial College, London.

This talk will discuss the unique interactions between lung resident cells and infiltrating inflammatory cells that coordinate immune responses to allergens, focussing particularly on development of allergic immunity in early life. This lecture series is in memory of Dr Dorothy Jones who joined the University as a Research Biologist in 1965, became a Senior Research Fellow and then an Honorary University Fellow.

For further information, contact Gina Barnett at gb183@le.ac.uk

[O] Outreach event, invitation only



SOAPBOX SCIENCE

Time: 2.00pm-5.00pm
Venue: Physics Building, First Floor, Common Room

Feel free to drop by for a range of research-based talks in the Physics Common Room.

For further information, contact Nicolle Finch at nlf7@le.ac.uk

DR PATRICIA LEWIS: REFLECTIONS ON INTERNATIONAL SECURITY

Time: 4.00pm-5.30pm
Venue: Charles Wilson Building, Second Floor, Belvoir Park Lounge

Dr Patricia Lewis is the Research Director at Chatham House, London and the former Director of the UN Institute for Disarmament Research (UNIDIR), Geneva. She will share her career-related experiences as a woman in a male-dominated security environment, and also reflect on contemporary issues in international relations. The event will be chaired by Dr Bleddyn Bowen (Department of Politics and International Relations).

For further information, contact Dr Bleddyn Bowen at bb215@le.ac.uk



SHE STARTED IT ^[B]

Time: 5.00pm-7.45pm

Venue: Leicester Innovation Hub

The University of Leicester Innovation Hub is teaming up with the Leicester Startups community to celebrate women in innovation for International Women's Day. The celebration will kick off with a screening of 'She Started It'; a feature length documentary film on women tech entrepreneurs shot on location in Silicon Valley, NYC, Europe, Vietnam, Mississippi and more. The documentary highlights the stories of dynamic, driven and inspiring female entrepreneurs and is the first film to show the behind the scenes of running a tech start-up as a woman. The screening will be followed by facilitated café conversations designed to help you explore how to access the help you need, from finance, to flexible workspace to networks to help you succeed in business. Join us to feel inspired and get started!

To book your FREE place, visit our Eventbrite page:

<https://shestarteditinnovationhub.eventbrite.co.uk>

For further information, contact Sumaya Jamaale at sj327@le.ac.uk

LEICS TALK ABOUT... DEFYING THE ODDS ^[S]

Time: 6.00pm-8.00pm

Venue: Percy Gee Building, Gee's Diner

Our speaker will discuss overcoming adversity and how female students can take positive steps towards gender balance. Share your self-care tips in this open discussion.

For further information, contact Molly Knight at mak50@le.ac.uk

[B] Advanced booking required

[S] Students only



THURSDAY 7 MARCH

KNOW YOUR NUMBERS ^[B]

Time: 9.30am-3.00pm

Venue: Occupational Health, 106 New Walk

Know Your Numbers is a national campaign, intended to help people to identify their risk of cardiovascular disease by measuring blood pressure, total cholesterol, blood glucose and body mass index. Run as a joint initiative between Occupational Health and the Sports Centre, we also carry out a more in-depth weight and body fat analysis. The aim is to identify any early changes to your numbers so that you can take the appropriate action to manage them and reduce your lifetime risk of serious conditions. This short screening session takes about 15 minutes and you will receive your results in writing along with advice from one of our nurses. For some of these tests you will need to have bare feet.

To book your free place, contact the Staff Health and Wellbeing team at staffhwb@le.ac.uk

'PEOPLE LIKE ME' STEM TASTER DAY ^[O]

Time: 9.30am-2.45pm

Venue: Charles Wilson Building, Second Floor, Belvoir City Lounge

'People Like Me' is a resource designed by WISE to help girls understand who they are and how this relates to roles in the workplace. It uses the natural tendency of girls to articulate their self-identity using adjectives, to show them that people like them are happy and successful working in careers in Science, Technology, Engineering and Mathematics (STEM). We are welcoming girls from local schools who will have a 'People Like Me' session followed by STEM academic taster sessions.

For further information, contact the Equality, Diversity and Inclusion team at equalities@le.ac.uk

[B] Advanced booking required

[O] Outreach event, invitation only

WOMEN LEADING WITH PURPOSE (WLP) LAUNCH ^[I]

Time: Please see www.le.ac.uk/iwd

Venue: Fielding Johnson Building, Council Suite

Our very own internal women-only leadership programme will be launched by the Organisational Development team as part of the IWD activities. To celebrate the launch, we are inviting inspirational women within and outside the University to share their leadership stories and wisdom with the Aurora alumni including successfully shortlisted participants for this programme. There will be an opportunity for audience members to engage with our speakers and ask questions including a chance to network and share experiences with other leaders.

For further information, contact Nazrin Issa at ni47@le.ac.uk

IN CONVERSATION WITH KAREN COX ^[I]

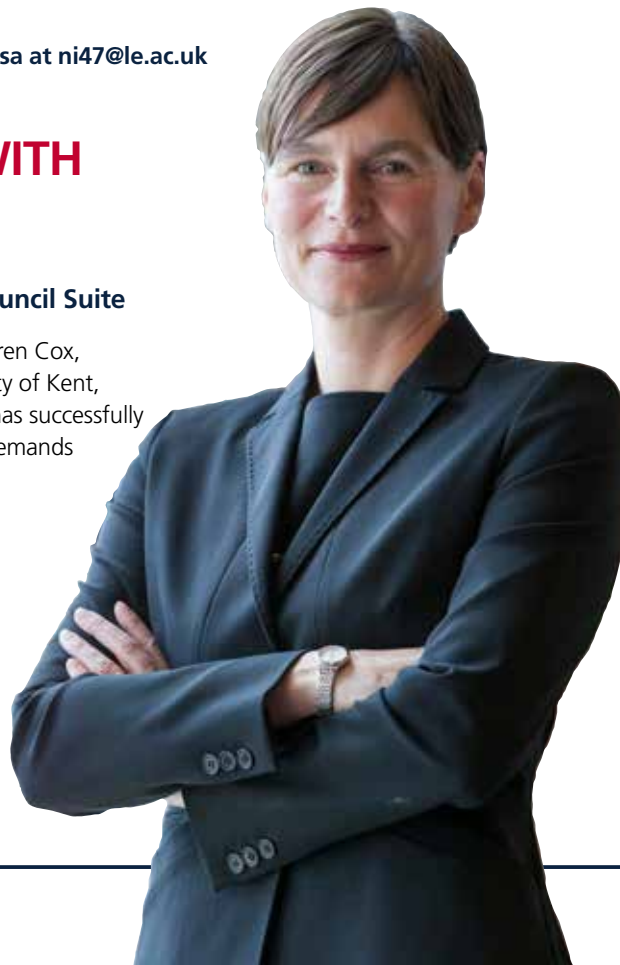
Time: 12.00pm-2.00pm

Venue: Fielding Johnson Building, Council Suite

An exciting opportunity to meet Professor Karen Cox, Vice-Chancellor and President of the University of Kent, over lunch and question her about how she has successfully balanced an academic career alongside the demands of family.

For further information, contact Aboo Aboobaker at amra3@le.ac.uk

[I] Invited attendees only



ZUMBA ^[W]

Time: 12.30pm-1.30pm

Venue: Charles Wilson Building, Sports Hall

Open to staff and students, Zumba is an exercise fitness class which involves dance and aerobic movements performed to energetic music. The choreography incorporates hip-hop, soca, samba, salsa, merengue and mambo. All abilities welcome!

#ThisGirlCan

For further information, contact the Equality, Diversity and Inclusion team at equalities@le.ac.uk

GLOBAL CAFÉ: IWD ^[S]

Time: 5.00pm-7.00pm

Venue: Charles Wilson Building, First Floor, Graduate Lounge

Global Café is a space to make friends, celebrate different cultures, and improve your language skills, whilst enjoying free drinks and snacks! This week we will be hosting an International Women's Day Quiz, craft activities and a discussion.

For further information, contact Molly Knight at mak50@le.ac.uk

SISTERHOOD ^[S]

Time: 6.30pm-8.30pm

Venue: Charles Wilson Building, Second Floor, Belvoir City Lounge

Sisterhood is an event that aims to support and inspire women on campus. The panel discussion and networking opportunity will help students to expand and develop their brand, while also recognising and acknowledging the students that already do amazing work in their field. Refreshments will be provided!

For further information, contact Oge Obioha at oo143@le.ac.uk

[W] For any individual who identifies as a woman

[S] Students only

FRIDAY 8 MARCH

PRISON REFORM NOW AND THEN: CELEBRATING THE ROLE OF WOMEN IN LEADING PRISON REFORM^[B]

Time: 9.30am-3.30pm

Venue: Leicester Innovation Hub

In 1819, Elizabeth Fry completed a series of visits to English prisons, declaring them “nurseries of crime” and calling for reform. She – alongside contemporaries such as Mary Carpenter – were intent on improving prison conditions, the treatment of men, women and children, influencing an emerging legislative agenda and developing new facilities. 200 years later, prison reform continues, for men, women and children. This event brings together the women from within the prison service and the academy to celebrate their contributions to prison reform and to inspire others to do the same.

To book your FREE place, visit our Eventbrite page:
<https://womenleadingprisonreform.eventbrite.co.uk>

WOMEN, BREXIT AND THE LAW^[B]

Time: 12.00pm-1.30pm

Venue: Attenborough Building, Seminar Room 211

This event will consider how women are affected by Brexit in the context of how the law is changing.

To book your FREE place, contact Pascale Lorber at pmm11@le.ac.uk

[B] Advanced booking required

EQUALITY IN STEM: IMPACT ON STUDENT EXPERIENCE AND JOB ACQUISITION^[B]

Time: 12.00pm-2.00pm

Venue: Bennett Building, Lower Ground Floor, Lecture Theatre 8

A demos and poster session of STEM-related work and photographs of successful female engineers/informaticians (computer scientists) who work in the UK. Guest talks on individual experiences of equality will also be featured as part of the event.

To book your free place, contact Genovefa Kefalidou at gk169@le.ac.uk

CELEBRATING LEICESTER'S INSPIRATIONAL WOMEN^[I]

Time: 3:00pm-5:00pm

Venue: Fielding Johnson Building, Council Suite

This event will feature a wall of inspirational women and an IWD round-up afternoon hosted by the Vice-Chancellor.

Invitation only. Nominated women will be invited to attend this event during the week.

For further information, contact Aboo Aboobaker at amra3@le.ac.uk

[B] Advanced booking required
[I] Invited attendees only



IWD EVENTS AT ATTENBOROUGH ARTS

W(H)IP IT

Time: 7.00pm-9.00pm, Friday 8 March
Pay what you think

Give us your valuable feedback on three twenty-minute shows from female-led theatre companies. They need your help to give constructive comments. This will be followed by a discussion led by Fishhouse Theatre.

PAULA VARJACK: THE CULT OF K*NZO

Time: 7.00pm-8.10pm, Saturday 9 March
Suitable for ages 12+,
£5 / £15 Family of Four

We dive into an entertaining and engaging journey through the weird and wonderful world of fashion and consumerism. This show playfully mixes storytelling, video, movement and sound design in a way that delights both fashion addicts and those with no interest in fashion at all.



VULVARINE: A NEW MUSICAL

Times: 5.00pm-6.15pm* and 8.00pm-9.15pm^
Sunday 10 March
***Suitable for ages 12+**
^Suitable for ages 14 +
£5 / £15 Family of Four

Join us for the critically-acclaimed sellout Edinburgh Fringe hit. Bryony Buckle is astoundingly average. Her days are filled with mind numbing office work, thinking about lunch and lusting after Orson Bloom from IT. But following a dose of hormone therapy gone wrong and a well-timed bolt of lightning, Bryony gains superhero abilities and a brand-new persona: Vulvarine, saviour of womankind.

WOMEN THEATREMAKERS' LUNCH

Time: 1.00pm-2.30pm, Sunday 10 March

Join the Attenborough Women Theatremakers group running monthly at Attenborough Arts. All women/identifying theatremakers are welcome. Enjoy our lovely food, talk to playwrights about your own stories and meet other professionals working in theatre and the arts.

STITCH-A-SLOGAN

Time: 2.30pm-5.00pm, Sunday 10 March

We're designing and stitching our own feminist slogan to celebrate womanhood in this radical embroidery workshop led by Katharine from Leicestershire Craft Centre. Drop in to see our works of art hang on our walls at home.

HAVE YOUR CAKE & EAT IT

Time: 5.00pm-6.30pm, Sunday 10 March

We are a nation obsessed with baking. But why is cake so important? And which cake wins the battle of the bakery? We join cake aficionados Fishhouse Theatre with special baking guests for a light-hearted discussion over tea and, you guessed it, cake!

I'M EVERY WOMAN: THE WOMEN'S POWERBALLAD SINGALONG

Time: 8.15pm-10.00pm, Sunday 10 March

We're packing our hairbrush to sing along to the greatest power ballads and women's anthems of all time with DJHarvey. Oh and watch out for our incredible synchronised dance moves! Send your requests on Twitter to @fishhouseTC or fishhousetheatre@gmail.com

The day will also welcome information stalls and there will be a thrilling raffle to raise funds for Jasmine House, Leicester Rape Crisis.



UNIVERSITY OF
LEICESTER

Equality, Diversity & Inclusion

University of Leicester
University Road
Leicester, LE1 7RH, UK

t: +44 (0)116 252 3334

e: equalities@le.ac.uk

w: www.le.ac.uk/iwd



/uniofleicester



uniofleicester



@uniofleicester