



Programme Specification (Postgraduate)

FOR ENTRY YEAR: 2025/26

Date created: 08/05/2023
03/05/2024

Last amended: 16/12/2024

Version no. 1 Date approved by EQED:

1. Programme title(s) and code(s):

MSc Coaching Psychology

MSc Psychology of Coaching *

PGDip Coaching Psychology *

PG Cert Coaching Psychology *

Notes

* An award marked with an asterisk is only available as an exit award and is not available for students to register onto.

a) [HECOS Code](#)

| HECOS Code | % |
|------------|-----|
| 101294 | 100 |

2. Awarding body or institution: University of Leicester

3. a) Mode of study: Part-time

b) Type of study: Distance learning

4. Registration periods:

MSc Coaching Psychology

The normal period of registration is 2 years

The maximum period of registration 4 years

5. Typical entry requirements

2ii in a BPS accredited Undergraduate degree in Psychology conferring Graduate Basis for Chartership

6. Accreditation of Prior Learning

N/A

7. Programme aims

The primary aim of our Coaching Psychology MSc programme is to empower students as active, self-directed learners. The programme aims to foster a thorough understanding of coaching psychology principles and methodologies. Through a student-centred approach, the programme aims to cultivate a passion for continuous professional development and reflective practice, enabling students to navigate the complexities of coaching relationships. By providing diverse opportunities for experiential learning, personalised development, and self-assessment, the programme seeks to develop graduates who have a broad understanding of the theories and practices of coaching psychology. The curriculum on the programme has been designed around the requirements of the BPS level 1 standards in Coaching Psychology.

8. Reference points used to inform the programme specification

- Framework for Higher Education Qualifications (FHEQ)
- BPS Guidance on Coaching Psychology Standards for Level 1 training
- UK Quality Code for Higher Education
- [Education Strategy](#)
- [University Assessment Strategy](#) [log in required]
- United Nations Education for Sustainable Development Goals

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9. Programme Outcomes

Unless otherwise stated, programme outcomes apply to all awards specified in 1. Programme title(s).

a) Discipline specific knowledge and competencies

i) Knowledge

| Intended learning Outcome | Teaching methods | Learning Activities | Assessment Type |
|---|--|---|---------------------------------------|
| <p>Students should be able to:</p> <p>PG Cert: Demonstrate knowledge of the theoretical foundations of coaching psychology.</p> <p>PGDip: Demonstrate a detailed knowledge of the theoretical foundations of coaching psychology.</p> <p>MSc: Demonstrate a broad and critical understanding of the theoretical foundations of coaching psychology.</p> | <p>Module material, Supplementary readings provided, Blackboard discussion groups moderated by tutors, Independent research.</p> | <p>Directed reading</p> <p>Critical analysis in groups of research papers and book chapters</p> | <p>Essays</p> <p>Case Studies/PBL</p> |
| <p>Students should be able to:</p> | <p>Module material, Supplementary readings provided, Blackboard</p> | <p>Peer practice coaching sessions</p> | <p>Coaching practice assessment</p> |

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| PG Cert: Apply psychological theories and models to the practice of coaching. PGDip: Apply a broad range of psychological theories and models to the practice of coaching. MSc: Critically evaluate and apply a broad range of psychological theories and models to the practice of coaching. | discussion groups moderated by tutors, Independent research. | | |
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ii) Concepts

| Intended learning Outcome | Teaching methods | Learning Activities | Assessment Type |
|--|---|---|--------------------------|
| Students should be able to: All: Understand relevant concepts associated with Coaching Psychology and apply these to environments where coaching is used. | Module material, Supplementary readings provided, Blackboard discussion groups moderated by tutors, Independent research. | Directed reading Coaching practice | Case studies MCQs |

iii) Techniques

| Intended learning Outcome | Teaching methods | Learning Activities | Assessment Type |
|---|---|--|---|
| Students should be able to: PG Cert: Understand and evidence limited practice of basic coaching psychology techniques. | Module material, Peer coaching trios, Supplementary readings provided, Blackboard discussion groups | Coaching practice in trios, observing and feeding back on peers coaching practice. | All: Coaching Practical Assessment |

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| <p>PGDip: Understanding and evidence practice of a basic range of coaching psychology techniques.</p> <p>MSc: Understanding and evidence practice of a wide range of coaching psychology techniques.</p> | <p>moderated by tutors, Independent research.</p> | | <p>Coaching observation feedback report.</p> |
| <p>Students should be able to:</p> <p>PG Cert: Understand some of the following: researching, data analysis by quantitative or qualitative methods, research ethics and familiarity with IT packages including SPSS.</p> <p>PG Dip: Understand and demonstrate practical experience of some of the following: researching, data analysis by quantitative or qualitative methods, research ethics and familiarity with IT packages including SPSS.</p> <p>MSc: Demonstrate a broad understanding of all, and demonstrate practical experience of many, of the following: researching, data analysis by quantitative or qualitative methods, research ethics and familiarity with IT packages including SPSS.</p> | <p>Module material, Supplementary readings provided, Blackboard discussion groups moderated by tutors, Independent research.</p> | <p>Analysing practice data sets, independent reading.</p> | <p>All : Scientific research reports MSc: Dissertation.</p> |

iv) Critical Analysis

| Intended learning Outcome | Teaching methods | Learning Activities | Assessment Type |
|---|---|---|--|
| <p>Students should be able to</p> <p>PGCert: evaluate concepts from a limited range of coaching psychology theories and form a basic critique of material they read.</p> <p>PG Dip: show the ability to independently evaluate concepts from a limited range of coaching psychology theories to critique material they read and construct an informed opinion.</p> <p>MSc: demonstrate the ability to evaluate concepts and techniques from a broad range of coaching psychology theories to critique material they read and construct an informed opinion.</p> | Module material, Supplementary readings provided, Blackboard discussion groups moderated by tutors, Independent research. | <p>Independent reading</p> <p>Discussion Groups with Peers and Tutor Lead</p> | <p>Case studies and PBL</p> <p>Scientific Research Reports</p> |

v) Presentation

| Intended learning Outcome | Teaching methods | Learning Activities | Assessment Type |
|---|---|--|--|
| <p>Students should be able to:</p> <p>All: organise research findings to construct an argument, to write assignments to a high standard, to write empirical reports in the format</p> | Module material, Supplementary readings provided, Blackboard discussion groups moderated by tutors, Independent research. | Independent reading, engaging with teaching materials. | <p>All</p> <p>All types of summative assessment</p> <p>MSc only</p> <p>Dissertation.</p> |

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| expected for publication and to a high standard. To present statistical findings in the correct manner according to universal standards. In addition, to interpret findings in a form for effective communication to a non-specialist audience. | | | |
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vi) Appraisal of evidence

| Intended learning Outcome | Teaching methods | Learning Activities | Assessment Type |
|--|---|---|--|
| Students should be able to All: Show the ability to evaluate published research and commentary and make appropriate judgements about its application and practical relevance to real world issues. | Module material, Supplementary readings provided, Blackboard discussion groups moderated by tutors, Independent research. | Independent reading, assignment preparation, Blackboard discussions | All: Literature review Research Reports Presentation MSc only Dissertation. |

b) Transferable Skills

i) Research Skills

| Intended learning Outcome | Teaching methods | Learning Activities | Assessment Type |
|--|---|--|---|
| Students should be able to: PGCert: Demonstrate knowledge of psychological theories and research. PGDip: Demonstrate a detailed knowledge of psychological theories and research | Module material, Supplementary readings provided, Blackboard discussion groups moderated by tutors, Independent research. | Data analysis activities provided on Blackboard. | All : Research reports MSc only Dissertation |

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| MSc: Demonstrate the ability to conduct a literature search and review, ability to write a research proposal, considering ethics and other methodological issues, ability to devise research tools or to use correctly those already designed. | | | |
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ii) Communication skills

| Intended learning Outcome | Teaching methods | Learning Activities | Assessment Type |
|---|--|--|--|
| All: Good written communication skills developed in the context of formal written assignments. | Blackboard discussion groups, personal communication with tutors, module material. | Peer practice coaching, written assignments. | All : All summative assessment. MSc only: Dissertation. |
| All: Communicate effectively with clients, stakeholders, and peers, demonstrating clarity, empathy, and cultural sensitivity | Peer practice coaching groups, online discussion forums, communication with tutors | Peer practice coaching, written assignments | All : All summative assessment. MSc only: Dissertation. |

iii) Data Presentation

| Intended learning Outcome | Teaching methods | Learning Activities | Assessment Type |
|---|---|---------------------|---|
| All: Ability to present statistical findings correctly and to present other research findings clearly with a correct interpretation. | Module material particularly module 1, Supplementary readings provided, Blackboard discussion groups moderated by tutors, Independent research. | Data analysis | All : Research reports MCQs MSc only Dissertation |

iv) Information Technology

| Intended learning Outcome | Teaching methods | Learning Activities | Assessment Type |
|---|---|---------------------|---|
| All: Ability to present statistical findings correctly and to present other research findings clearly with a correct interpretation. | Module material particularly module 1, Supplementary readings provided, Blackboard discussion groups moderated by tutors, Independent research. | | All : Research reports MCQs MSc only Dissertation |

v) Problem Solving

| Intended learning Outcome | Teaching methods | Learning Activities | Assessment Type |
|---|---|---|---|
| All: Understanding of how to take an evidence based practice approach to problem solving. Ability to apply research findings to real world problems. | Module material, assignment briefs, supplementary readings and case studies provided, Blackboard discussion groups, independent research. | All Professional Portfolio Reflective review Presentation MSc only Dissertation. | All: Understanding of how to take an evidence based practice approach to problem solving. Ability to apply research findings to real world problems. |

vi) Working relationships

| Intended learning Outcome | Teaching methods | Learning Activities | Assessment Type |
|---|---|---------------------|--|
| All: Drawing on the expertise and guidance from academic or support staff, informal interaction with fellow students at course conferences or via email/bulletin board, formal contact and negotiation with dissertation supervisor. | Email/bulletin board interactions with students, formal interactions with staff and, in particular dissertation supervisor, informal interactions with staff and students at course events. | | Monitoring group discussions on Blackboard and communication with tutors. Attendance at course events. |

vii) Managing learning

| Intended learning Outcome | Teaching methods | Learning Activities | Assessment Type |
|---|--|---------------------|---|
| All: Ability to self-motivate and self-direct learning so as to schedule work adequately and meet deadlines. | Independent research, programme modules, integrated and supplementary readings, textbooks. | | All All summative assessment. Engagement with tutors MSc only Dissertation. |

viii) Career Management

| Intended learning Outcome | Teaching methods | Learning Activities | Assessment Type |
|--|---|---------------------|---|
| All: Understanding of career opportunities within psychology and transferrable skills gained from the course. | Career advice and materials provided on Blackboard, career and job opportunity and further study discussion strand on Blackboard. | | Monitoring group discussion on Blackboard. Attendance at course events. |

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10. Progression points

This programme follows the standard Scheme of Progression set out in [Senate Regulations](#) – see the version of *Senate Regulation 6 governing postgraduate programmes* relevant to the year of entry.

In cases where a student has failed to meet a requirement to progress he or she will be required to withdraw from the course.

a) Course transfers

N/A

11. Criteria for award and classification

As defined in Senate Regulation 6: Regulations governing taught postgraduate programmes of study, with one exception. To gain BPS accreditation students must achieve a pass mark of 50 in all modules as outlined in the BPS Standards:

Accredited stage one postgraduate programmes (i.e. not conversion awards) must stipulate a minimum pass mark of 50% for all modules that contribute to the accredited award where quantified marking is employed. No compensation across modules is permissible.

In addition, as a requirement of the programme, students are required to complete 80 hours of coaching practice outside of the teaching for the modules which will be recorded in a coaching log and submitted as coursework on the programme.

Attendance is compulsory at all live timetabled sessions and coaching practice live sessions in order to meet the requirements of the course.

12. Special features

The course follows the British Psychological Society requirements for Coaching Psychology and therefore students need to pass all modules.

12a. Research-inspired Education

Students on this programme will advance through the four quadrants of the University of Leicester Research-inspired Education Framework as follows:

| RiE Quadrant | Narrative |
|--------------|---|
| | Both programmes introduce staff research and examples of practice in coaching psychology (within a range of contexts – health, work, wellbeing, education...) to contribute to core knowledge in the psychological domain of coaching. They aim to develop core academic skills such as critical thinking, analytical skills, problem-solving, presenting work to a target audience, and reflection, as well as coaching competence and practical skills, such as listening, clarifying, questioning, evaluating and ethical practice, through exploration of the evidence-base relevant to coaching practice and through exposure to real-world/anonymised coaching case studies and research. The courses draw on both academic and practitioner research, literature, and evidence to ensure |

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|---|---|
| <p>Research-briefed</p> <p>Bringing staff research content into the curriculum.</p> <p>Research-based</p> <p>Framed enquiry for exploring existing knowledge.</p> <p>Research-oriented</p> <p>Students critique published research content and process.</p> <p>Research-apprenticed</p> <p>Experiencing the research process and methods; building new knowledge.</p> | <p>that the knowledge and skills our graduates acquire through the programme mirror the broad range of expertise required of a psychology practitioner or role requiring the application of psychological knowledge and skills.</p> <ul style="list-style-type: none"> • Research briefed - The students will be exposed to learning materials that present a suitable level of challenge for postgraduate level of study, inspired and informed by contemporary psychological research. Research will come from both academic and professional domains and will incorporate latest trends and challenges facing the area of coaching psychology and coaching more broadly. The courses emphasise evidence-based practice and critical thinking around how to translate academic research to applied practice. Staff teaching on the programmes are all engaged in active research and share their experiences of research and consultancy within their teaching. • Research based – Lecture recordings, learning material, discussion threads, and formative/summative assessments are based on real-world research, evidence-based practice, ethical considerations and reflection. This showcases the practical context to the research (how a variety of research methods can be used for different research needs/problems), as well as the current and future challenges of the coaching psychology domain. • Research oriented – Students are required to be critical of research and theory in their reading, thinking and writing. This approach is encouraged both in informal engagement with discussion forums and when reading, as well as more formally within assessed work. The programmes provide support and opportunities to critically evaluate a range of published research. They also highlight the importance of evidence-based practice in coaching (from practitioner, researcher and client perspectives). • Research apprenticed – Opportunities are regularly provided to develop and enhance key coaching competencies, employability and academic skills. Students will also gain experience of working independently on a research project under the supervision of an academic staff member. This will provide opportunity to design, conduct, analyse and present the findings of research both in written report format (a main dissertation report in academic style and an executive summary of the research for a specific non-academic audience), as well as an oral presentation. |
|---|---|

As part of studying at a research-intensive university, students on this programme have the following extra or co-curricular opportunities available to them to gain exposure to research culture:

Students engage with research from the outset of the programmes at our annual course conference, including guest speakers from industry/practice to share contemporary applied research. They undertake modules, which incorporate examples of applied research, as well as conducting their own statistical analyses, qualitative investigation and literature reviews to broaden their understanding of the evidence-base in coaching psychology.

Students are made aware of recent staff/student publications and conferences, events and workshops they can register for, via the postgraduate psychology monthly newsletter.

Students are taught by our team of external tutors who contribute to the coaching modules (and attend course conference). Our external tutors have a role that involves the practical application of psychology in coaching and development, which fosters valuable connections for the students, to engage with practicing psychologists/consultants involved in applied research.

For dissertations, students identify a knowledge gap/problem to research that has applied outcomes for individuals/organisations, aligned with their supervisor's research and methods expertise. Many dissertation projects lead to publications in academic/practitioner journals and/or disseminating research at conferences, providing valuable first-hand experience of the publication process.

Teaching on this programme will be research-informed (it draws consciously on systematic inquiry into the teaching and learning process itself) in the following way:

Members of the course team are active in psychological research and consultancy with individual clients and organisations, and as a result have a raft of publications between them in applied areas of psychological research (including, coaching, occupational psychology, health and wellbeing and positive psychology). Staff will share this with students on various modules within the programme, to illustrate real-world examples and bring learning to life. Staff regularly attend and present at conferences to share research and to acquire knowledge of current themes and trends in psychology and coaching. Staff also contribute to research groups within SoPVS, and supervise PhD students in their area of psychological and methodological expertise.

In addition to psychological research, staff are research active in pedagogy to explore and enhance the learning experience of PG DL students. Staff attend the SoPVS Education Learning Forum, which discusses both pedagogical related research and examines best practice in teaching delivery. Teaching teams have also acquired University funding to conduct primary research specific to DL education, and as a result have authored papers and presented at conferences related to online teaching practice and experience of DL students.

The School supports all staff involved in teaching to gain an accredited Higher Education teaching qualification, in which they demonstrate their use of teaching theory to support their own practice and reflect on their current teaching and continuing professional development.

13. Indications of programme quality

Annual programme review

Bi annual panel and board of examiners with input from external examiner

14. External Examiner(s) reports

The details of the External Examiner(s) for this programme and the most recent External Examiners' reports for this programme can be found at exampapers@Leicester [log-in required].

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Appendix 1: Programme structure (programme regulations)

The University regularly reviews its programmes and modules to ensure that they reflect the current status of the discipline and offer the best learning experience to students. On occasion, it may be necessary to alter particular aspects of a course or module.

MSc Coaching Psychology by Distance Learning

Level 7/Year 1 Delivery Year 2025/26 Intake Month October Mode of Study Part Time Structure**Credit breakdown**

| Status | Year long | October | January | March | June |
|--------|-----------|------------|------------|------------|------------|
| Core | n/a | 30 credits | 15 credits | 15 credits | 15 credits |

Core modules

| Delivery period | Code | Title | Credits |
|-----------------|--------|--|------------|
| October | PS7585 | Research Methods | 15 credits |
| October | PS7101 | Psychology of Coaching | 15 credits |
| January | PS7102 | Positive Psychology | 15 credits |
| March | PS7103 | Coaching in Organisations | 15 credits |
| June | PS7104 | Professional Practice in Coaching Psychology | 15 credits |

Notes

N/A

Level 7/Year 2 Delivery Year 2026/27 Intake Month October Mode of Study Part Time Structure

Credit breakdown

| Status | Year long | September | January |
|--------|-----------|------------|------------|
| Core | n/a | 45 credits | 60 credits |

Core modules

| Delivery period | Code | Title | Credits |
|-----------------|--------|-------------------------------------|------------|
| September | PS7105 | Coaching for Health and Wellbeing | 15 credits |
| September | PS7106 | Coaching Practice and Interventions | 30 credits |
| January | PS7593 | Dissertation | 60 credits |

Notes

N/A

Appendix 2: Module specifications

See postgraduate [module specification database](#) (Note - modules are organized by year of delivery) [login-required]