

The Centre for Academic Achievement

Supporting students to reach their academic potential



Academic Year 2025/2026

Term 2: January - March

Appointments and Events

SkillsBoost Series 2



SkillsBoost is our online podcast-style series where members of the Centre for Academic Achievement chat to experts on topics that will help students with their studies. Recorded in advance, the sessions focus around a series of questions. Episodes are released Fridays during Term-time to staff and students linked to our SkillsBoost Mailing list.

All staff are welcome to sign up by scanning the QR Code below and also request snippets or entire episodes for any materials or resources they develop for their programmes. You can view Series 1 episodes on our [SkillsBoost website](#).

Episodes for 2025-2026 include:

- Understanding and applying criticality at University
- How to keep your maths skills sharp
- AI use and your Learning
- Top tips on submitting ethics applications
- The art of writing a reflective essay
- Working effectively with interview data
- Getting started with systematic reviews
- Studying and applying statistics in your research
- Writing clearly and concisely



Workshop Programme



We offer a range of workshops across the academic year and even during the Summer! These sessions are led by our team and provide a great opportunity for students to receive advice and practical tips on core academic skills from experts. It's also a great way to meet like-minded peers and raise any questions you have. Our advisors take time to research and develop workshops that help support students with their studies. Students should expect elements of interactivity (even if joining an online session) as well as opportunities to reflect on their own studies.

Below are all our Term 2 workshops - you can click the heading to see a summary of the event.

Open to all

Beginner

Intermediate

January Workshops

Level	Date	Time	Session	Location
	12/01/26	12:00-13:00	<u>Managing Time at University</u>	Online
	13/01/26	12:00 - 13:00	<u>Effective Note-Taking in an AI World</u>	Online
	14/01/26	12:00 - 13:00	<u>Effective Reading in an AI World</u>	Online

January Workshops: Continued

Level	Date	Time	Session	Location
	15/01/26	12:00 - 13:00	<u>Plagiarism Workshop</u>	Online
	19/01/26	12:00 - 13:00	<u>Integrating Critical Thinking and Assessment Skills</u>	Online
	20/01/26	12:00 - 13:00	<u>Embedding Criticality in Your Writing</u>	Online
	21/01/26	11:00 - 12:00	<u>Know Your Sources: Elevate Your Assignments</u>	Online
	22/01/26	12:00-13:00	<u>Essay Writing</u>	Online
	26/01/26	12:00 - 13:00	<u>Reflective Writing</u>	Online
	27/01/26	11:00 - 12:00	<u>AI in Academic Research</u>	Online
	28/01/26	12:00 - 13:00	<u>Improve your AI Prompting Skills</u>	Online
	29/01/26	12:00 - 13:00	<u>Academic Integrity and AI</u>	Online
	02/02/26	12:00 - 13:00	<u>Studying with AI</u>	Online
	03/02/26	12:00 - 13:00	<u>Thinking Ethically about AI</u>	Online
	04/02/26	12:00 - 13:00	<u>Being Creative with AI</u>	Online

February Workshops

Level	Date	Time	Session	Location
	05/02/26	12:00 - 13:00	<u>Dissertation Series: Getting Started</u>	Online
	06/02/26	12:00 - 13:00	<u>Dissertation Series: Literature Reviews</u>	Online
	09/02/26	12:00 - 13:00	<u>Dissertation Series: Data Protection - Things you Need to Know</u> <i>(This is mandatory training for dissertation students delivered by IAS Team)</i>	Online
	10/02/26	12:00 - 13:00	<u>Dissertation Series: Working with Quantitative Data</u>	Online
	11/02/26	11:00 - 12:00	<u>Dissertation Series: Literature Searching</u>	Online
	12/02/26	12:00 - 13:00	<u>Dissertation Series: Perfect your Submission</u>	Online
	16/02/26	12:00 - 13:00	<u>Managing Time at University</u>	Online
	17/02/26	12:00 - 13:00	<u>Effective Note-Taking in an AI World</u>	Online
	18/02/26	12:00 - 13:00	<u>Effective Reading in an AI World</u>	Online
	19/02/26	12:00 - 13:00	<u>Plagiarism Workshop</u>	Online
	23/02/26	12:00 - 13:00	<u>Integrating Critical Thinking and Assessment Skills</u>	Online
	24/02/26	12:00 - 13:00	<u>Embedding Criticality in Your Writing</u>	Online
	25/02/26	11:00 - 12:00	<u>Know Your Sources: Elevate Your Assignment</u>	Online

February and March Workshops

Level	Date	Time	Session	Location
	26/02/26	12:00 - 13:00	<u>Reflective Writing</u>	Online
	27/02/26	12:00 - 13:00	<u>Essay Writing</u>	Online
	02/03/26	12:00 - 13:00	<u>Using AI for Mathematics and Statistics</u>	Online
	03/03/26	11:00 - 12:00	<u>AI in Academic Research</u>	Online
	04/03/26	12:00 - 13:00	<u>Improve your AI Prompting Skills</u>	Online
	05/03/26	12:00 - 13:00	<u>Academic Integrity and AI</u>	Online
	09/03/26	12:00 - 13:00	<u>Studying with AI</u>	Online
	10/03/26	12:00 - 13:00	<u>Thinking Ethically about AI</u>	Online
	11/03/26	12:00 - 13:00	<u>Being Creative with AI</u>	Online
	12/03/26	12:00-13:00	<u>Dissertation Series: Getting Started</u>	Online
	13/03/26	12:00-13:00	<u>Dissertation Series: Literature Reviews</u>	Online
	16/03/26	12:00-13:00	<u>Dissertation Series: Analysing Quantitative Data</u>	Online
	17/03/26	12:00-13:00	<u>Dissertation Series: Data Protection - Things you need to know</u> <u>(This is a mandatory training session for dissertation students delivered by IAS)</u>	Online

March Workshops

Level	Date	Time	Session	Location
	18/03/26	11:00 -12:00	<u>Dissertation Series: Literature Searching</u>	Online
	19/03/26	12:00 -13:00	<u>Dissertation Series: Perfect Your Submission</u>	Online
	24/03/26	12:00 -13:00	<u>Revising for Exams</u>	Online

The Centre for Academic Achievement

Supporting students to reach their academic potential

Located: Ground floor of the David Wilson Library

Open: 10am - 4pm

Online resources available at: [Academic Skills Online](#)

Contact us:

Email us at: achieve@le.ac.uk

Book an appointment via our website:

le.ac.uk/library/academic-achievement

Follow us on Instagram: [uol_library](#)