COVID Self-Isolation Guide for Students

- I have tested positive for Covid-19
- I have symptoms of Covid-19 or symptoms of a cold or flu
- I live with, or have been identified as a close contact of someone with Covid-19 or I have been asked to self-isolate by the government app/Track and Trace

Have you taken a PCR test?
- Yes
  - Notify the Covid Response Team as soon as possible through the online form
  - Please include any close contacts you may have had and any locations you have visited in as much detail as possible
  - Stay at home and Self-Isolate in line with Government Guidelines
  - You will be contacted directly via email and a telephone call from the University Covid Response Team
  - Have you taken a PCR test?
    - Yes
      - Book a PCR test as soon as possible and limit all social contact
      - If you have symptoms: within 8 days of symptoms developing
      - If you have received a positive Lateral Flow result: your PCR test should be within 72 hours of this result
    - No
      - What was the outcome of this test?
        - Negative PCR result
          - You no longer need to self-isolate
          - Email the Covid Response Team to update your file
        - Positive PCR Result (or test not possible within the time allowed)
          - Self Isolate in line with Government Guidelines
          - If you have not done so already, make the Covid Response Team aware through the online form
          - If you develop symptoms, return to the top of this chart and follow I have symptoms of Covid-19 guidance

Have you received both doses of a UK approved Covid-19 vaccination, in the UK, a minimum of 14 days ago?
- Yes
  - No
    - unsure
      - Please contact the Covid Response Team directly for advice using either studentcovidsupport@le.ac.uk or 0116 252 2300

- No
  - Positive
    - Self Isolate in line with Government Guidelines
    - If you have not done so already, make the Covid Response Team aware through the online form
    - If you develop symptoms, return to the top of this chart and follow I have symptoms of Covid-19 guidance
  - Negative
    - Please contact the Covid Response Team directly for advice using either studentcovidsupport@le.ac.uk or 0116 252 2300