



Research project: Developing a Core Outcome Set for Medication Adherence Trials

Dear Participant

We are inviting you to take part in a research study led by the University of Leicester. Some people who are prescribed multiple medicines struggle to take them, for example because they forget, or because they get in the way of doing other things.

We would like your help as someone who is prescribed multiple medicines to help us decide on the most important things to measure in trials that are testing new ways of supporting people to take their medicines as intended. We are interested in hearing equally from people who might struggle with taking their medicines and people who do not struggle to take them.

Please read the **participant information sheet** which tells you more about the study and what is involved. **This will help you decide whether you want to take part.** You do not have to take part – it is entirely voluntary. If you do not take part, it will not affect the care you receive.

We would also like to hear from people that help you with your medicines, such as family members or friends (aged 18 years and over). Please share this invitation and the participant information sheet with them so that they can decide whether they want to take part. Family members and friends can take part even if the person that they help with their medicines decides not to take part.

If you and /or family members or friends would like to take part, please let us know by completing the online Expression of Interest form [<https://forms.office.com/r/kfr88w6ULv>] or contacting Kumud Kantilal, by email k.kantilal@leicester.ac.uk or 0116 252 5992.

Thank you very much for taking the time to consider taking part in this important research.