



Name: _____ Date: _____

LO: I can accurately measure height or weight and use the correct unit.

Metres (m)	Centimetres (cm)	Millimetres (mm)
Kilograms (kg)	Grams (g)	

My height is: _____

My weight is: _____

LO: I know different ways to measure health.

LO: I know different ways to measure health.

	Healthy Breakfast	Unhealthy Breakfast	No Breakfast
Tally			
Number:			