Video Interview Review

Prior to your appointment please complete a video interview on Launchpad – you will need to email us at [studentservices@le.ac.uk](mailto:studentservices@le.ac.uk) for an email invitation for this. In your appointment, the adviser will review your recorded answers with you. For some hints and tips to help you to prepare and perform in your video interview, visit the Career Development Service’s [page](https://www2.le.ac.uk/offices/careers-new/interviews-and-assessments/types-of-interviews-1) on [interviews](https://le.ac.uk/career-development-service/interviews-and-assessments/interviews).

If you have previously had an Interview Preparation appointment, what areas have you been focusing on?

**After recording your answers on Launchpad, rate each of your responses using the following criteria:**

**Question 1**

**Confidence in your answer ( /10) [0=Uncertain, 10= Completely Confident]**

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| **Notes – What did you do well/ What could you improve on** |
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**Question 2**

**Confidence in your answer ( / 10) [0=Uncertain, 10= Completely Confident]**

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| **Notes – What did you do well/ What could you improve on** |
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**Question 3**

**Confidence in your answer ( /10) [0=Uncertain, 10= Completely Confident]**

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| **Notes – What did you do well/ What could you improve on** |
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| Use the prompts below to plan how you will further develop your video interview.  **Action plan: To be completed during your appointment** |
| **Question 1 - Motivation**  Were there multiple in-depth points provided in a structured manner which were clearly linked to the role/employer/sector? Did you show self-reflection in your answer?  What feedback were you provided and what steps will you develop your motivation answers?  1  2  3 |
| **Question 2 - Competency**  Was the answer fully structured to the [STARS technique](https://le.ac.uk/career-development-service/interviews-and-assessments/stars-technique) with the right amount of quality content and was your example strong demonstration of the competency?  How much did you articulate the evidence of your skills within the Action phase?  What feedback were you provided and what steps will you take to develop your competency answers?  1  2  3 |
| **Question 3 - Strength**  How well did you articulate and provide evidence for your strengths and what energises you? Did you reflect on how these strengths align to the role?  What feedback were you provided and what steps will you take to develop your strengths answers?  1  2  3 |